



Big Moments

Choreographed by Rachael McEnaney (December 2007)
 http://www.dancepizazz.com - Rachael@dancepizazz.com
 www.mastersinline.com rachael@mastersinline.com
 Tel: 07968 181933



Description: 32 Counts, 2 Walls, Int/Adv, Nightclub 2 Step
Music: Lost In This Moment – Big and Rich
Count In: 16 counts intro from start of track – dance begins on vocals
Notes: 2 count tag at end of 3rd wall.

Section	Footwork	End Facing
Counts 32, 1 - 8	Left coaster into ¾ turn, behind side cross, side rock cross, turn, rolling vine, cross rock	
& 8 &	Step back on left (&), step right next to left (8), step forward on left (&)	12.00
1	Make ¾ turn right on ball on left sweeping right foot round to behind left (clockwise) (1),	9.00
2 & 3	Cross right behind left (2), step left to left side (&), cross right over left (3)	9.00
& 4 &	Rock left to left side (&), recover weight to right (4), cross left over right (&)	9.00
5 &	Make ¼ turn left stepping back on right (5), make ¼ turn left on ball of right sweeping left leg – no weight change (&)	3.00
	<i>Note: try not to count the above & count – think of it as part of count 5.</i>	
6 & 7	Make ¼ turn left stepping forward on left (6), make ½ turn left stepping back on right (&), make ¼ turn left stepping left to left side (7)	3.00
8 &	Rock forward on right (slightly in front of left) (8), recover weight to left (8) (body is angled towards 1.30)	1.30
9 - 16	½ turn right, walks round, cross, side rock, cross ½ turn left	
1	Make ½ turn right to face 7.30 stepping forward on right	7.30
2 & 3	Step forward on left (2), make 1/8 turn left stepping forward on right (&), make 1/8 turn left stepping forward left (3)	4.30
4 & 5	Make 1/8 turn left stepping forward right (4), make 1/8 turn left stepping forward left (&) cross right over left (5)	1.30
6 & 7	Rock left to left side squaring up to face 3.00 (6), recover weight to right (&), cross left over right (7)	3.00
& 8 &	Make ¼ turn left stepping back on right (&), make ¼ turn left stepping left to left side (8), cross right over left (&)	9.00
17 - 24	Nightclub basic left and right, ¼ turn left, full pivot turn left, left lock step back	
1 – 2 &	Step left to left side (1), rock back on right (2), recover weight forward onto left (&)	9.00
3 – 4 &	Step right to right side (3), rock back on left (4), recover weight forward onto right (&)	9.00
5 – 6 &	Make ¼ turn left stepping forward on right (5), step forward on right (6), make ½ turn left weight ends left (&)	12.00
7 – 8 &	Make ½ turn left stepping back on right (7), step back on left (8), lock step crossing right over left (&)	6.00
25 – 32	¼ turn right, touch lunge, ¼ turn left, full turn left, walk, rock forward – into start of dance	
1 – 2 &	Step back on left (1), make ¼ turn right stepping right to side (2), touch left toe to left side bending right leg slightly (&)	9.00
3 – 4 &	Make ¼ turn left stepping forward on left (3), make ½ turn left stepping back on right (4), make ½ turn left stepping forward on left (&)	6.00
5	Step forward on right (5)	6.00
<i>Easy alt</i>	<i>Alternative for counts 4 & 5 would be to do a right shuffle/lock step forward</i>	
6 - 7	Rock forward on left (6), recover weight onto right (7)	6.00
TAG:	At end of 3 rd wall there is a 2 count tag, you will be facing the back (6.00)	
1 - 2	Walk back on left, (1), walk back on right (2)	6.00

START AGAIN, HAVE FUN! ☺