

BOOM BOOM

Choreographed by: Jose Miguel Belloque Vane (Jun 09)
Music: **Boom Boom Pow** by **Black Eyed Peas** (CD: The End)
Descriptions: Ph count - 1 wall - Intermediate/Advanced level line dance

Intro: Start on first "Boom" in lyrics (app. 14 sec into track). After the 4th "Gotta get that". Start with slightly bend shoulder wide legs.

NOTE!! Throughout the A-section you will follow the "Boom Boom Boom" beat.

Phrasing: **A, A, A, B, A*, C, A**, A, A, A**

* **RESTART 1: AFTER 32 counts in part A, facing 12 o'clock. Start with part C.**

** **B>RESTART 2: AFTER 48 counts in part A, instead of skate fw 3 o'clock, turn ¼ L stepping L to L side, starting again with part A.**

Part A:

1-8 Knee Pop, Arm Movements, Pop Upper Body

1-4 Punch R fist down holding L hand on R elbow as you pop R knee in (1), put R hand on L hand (in front of R chest) (2), swing both hands from R to L (3), put both hands on L hip, bending upper body down (4) **[10:30]**

5&6&7-8 Straighten upper body (5), bend upper body (&), straighten upper body (6), bend upper body (&), straighten upper body (7), bend upper body (8) **[10:30]**

9-16 Swivel R R L L, Pop Upper Body, Turn 1/8 L Side Step, Cross, Mambo

8&1&2 Swivel L toe R, swivel R toe R, swivel R toe L (1:30), swivel L toe L with bend upper body **[10:30]**

8&3&4 Straighten upper body (&), bend upper body (3), straighten upper body (&), bend upper body (4) **[10:30]**

5-7&8 Turn 1/8 L stepping R to R side, cross L over R, rock R to R side, recover onto L, step R next to L **[9:00]**

NOTE!! Optional arms count 13 and 14: Punch R arm down L hand on R elbow (13), Roll R arm up and around L hand punching R arm down in the end of roll. (14)

17-24 Jump And Jump, Unwind ¼ R, Jump, Jump Cross, Unwind ½ L

1&2 Jump L on L foot kicking R to R, step R next to L, jump L on L foot kicking R to R **[9:00]**

3-4 Touch R behind L, unwind ¼ R on both feet (weight on both feet) **[6:00]**

5-8 Jump out, jump in crossing R in front of L, unwind ½ L (7-8) weight L **[12:00]**

25-32 Skate R, L, Step/Slide R, Skate L, R, Step/Slide L

1-2 Step R diagonally fw R in a circle motion, step L diagonally fw L in a circle motion **[10:30]**

3-4 LONG step diagonally fw R, slide L, touch L next to R **[1:30]**

5-6 Step L diagonally fw L in a circle motion, step R diagonally fw R in a circle motion **[1:30]**

7-8 LONG step diagonally fw L, slide R, touch R next to L **[10:30]**

33-40 Turn 1/8 L Kick R, Step, Turn ¼ L Side Step, Touch, ¼ R Step, ¼ R Side Step L, Pop Upper Body L, R, Squad Upper Body From R To L

1&2&8 Turn 1/8 L on L foot kicking R fw (1), step back on R (&), turn ¼ L stepping L to L side (2), touch R next to L (&),

3-4 Turn ¼ R stepping fw R (3), turn ¼ R stepping L to L side (4) **[12:00]**

5-8 Pop upper body L, pop upper body R, bend upper body while rolling it from R to L **[10:30]**

41-48 Kick Kick (10:30), 3/8 Turn R Fw R, Step, Jump, Push Your Tush

1-2 Kick R fw, kick R fw (Moving arms in cycling motion, while jumping back on L foot on count 1-2) **[10:30]**

3&4 Turn 3/8 R stepping fw R, step L next to R, jump out pushing your butt back **[3:00]**

5-6-7&8 Push your butt fw (5), push it back to middle (6), push it back (7) push it to R side (&) push it to L side (8) **[3:00]**

49-56 Skate R, L, Shuffle R, Skate L, R, Shuffle L

1-2 Step R diagonally fw R in a circle motion, step L diagonally fw L in a circle motion **[1:30]**

3&4 Step R diagonally fw R, step L next to R, step R diagonally fw **[4:30]**

5-6 Step L diagonally fw L in a circle motion, step R diagonally fw R in a circle motion **[4:30]**

7&8 Step L diagonally fw L, step R next to L, step L diagonally fw **[1:30]**

57-64 Kick, Step, Touch, Turn ¼ L Squad, Side Step, FREESTYLE!!!

1&2-4 Kick R fw, step R back, touch L back, squad down turning ¼ L, step L to L side **[12:00]**

5-8 FREESTYLE!! For example: Pop chest, hitting the "Boom Boom Pow" **[12:00]**

Part B:

1-8 Step Touch R, Step Touch L, Step Touch R, Step Touch L

1-4 Step R to R side, touch L next to R, step L to L side, touch R next to L (Clicking your fingers on all "touches") **[12:00]**

5-8 Repeat count 1-4 **[12:00]**

9-16 Roling Wine R, Bend Upper Body, "Low" Roling Wine L

1-4 Turn ¼ R stepping fw R, turn ½ R stepping L back, turn ¼ R stepping R to R side, touch L next to R bending upper body down. **[12:00]**

5-8 Keeping body low turn ¼ L stepping fw L, turn ½ R stepping R back, turn ¼ L stepping L to L side, touch R next to L straightening upper body with each step. **[12:00]**

17-24 Step Touch R, Step Touch L, Step Touch R, Step Touch L

1-4 Step R to R side, touch L next to R, step L to L side, touch R next to L (Waving your arms above your head) **[12:00]**

5-8 Repeat count 1-4 **[12:00]**

25-32 Turning Walks, Side Step

1-4 Turn ¼ R stepping fw R (1), hold (2), turn ¼ R stepping fw L (3), hold (4) **[6:00]**

5-8 Turn ¼ R stepping fw R (5), hold (6), turn ¼ R stepping fw L (7), step R to R (8) **[12:00]**

Part C:

1-8 Walk 5 Times, Turn ¼ R Side Step, Bang The Door

1-5 Walk R, L, R, L, R, shimmying your shoulders **[12:00]**

6-8 Turn ¼ R stepping L to L, bang the door twice with your R fist (12 o'clock) **[3:00]**

9-16 Turn ¼ R Step, Walk L, R, L, Turn ¼ L Step, Turn ¼ L Step, Bang The Door

1-4 Turn ¼ R stepping fw R, walk fw L, R, L **[6:00]**

5-8 Turn ¼ L stepping fw R, turn ¼ L stepping L to L, bang the door twice with your R fist **[12:00]**

17-24 Step, Turn ¼ R Step, Bang Door, Turn ¼ L Step, Step, Head Swing

1-4 Step fw R, turn ¼ R stepping L to L side, bang the door twice with your R fist **[3:00]**

5-8 Turn ¼ L stepping fw R, step L to L side, swing head L, R **[12:00]**

25-32 Samba L, Samba R, Kneading Steps

1-a2 Step L to L side (1), close R behind L (a) cross L over R (2) **[12:00]**

3-a4 Step R to R side (3), close L behind R (a) cross R over L (4) **[12:00]**

5-8 Step L, R, L, R on spot (while stepping, really push the feet down to the ground) **[12:00]**