

FOOD CHAIN

Choreographed by: Scott Blevins (May 09)

Music: **In One Ear & Out The Other** by **Fujiya & Miyagi** (CD: Transparent Things)

Descriptions: AB Dance (A: 32 counts – B: 24 counts). Level: Int/adv

[16 count intro.](#)

Sequence: A-A-B-B-A-A-B-B-A-A-Tag- A's to end.

NOTE: Every time you start a new section your clock reverts back to 12 O'clock with count 1.

Section A:

- 1-2 1) Step fwd on L; 2) Turning $\frac{1}{4}$ to left, step R foot to right side
- 3&4 3) Step L behind R; &) Turning $\frac{1}{4}$ to left, step R foot to center; 4) Turning $\frac{1}{4}$ to L, step L foot across and in front of R foot (Sailor with $\frac{1}{2}$ turn to left) **[3:00]**
- 5-6 5) Turning $\frac{1}{4}$ to right, step fwd on R; 6) Turning $\frac{1}{2}$ to right, step back on L
- a-7&8 a) Make a $\frac{1}{2}$ turn right over right shoulder; 7&8) Shuffle fwd R-L-R **[6:00]**
- 1-2&3 1) Step fwd on L; 2) Turning $\frac{1}{4}$ to left, rock R to right side; &) Recover to L; 3) Step R across and in front of L
- 4-5 4) Turning $\frac{1}{4}$ to right, step back on L; 5) Turning $\frac{1}{4}$ to right, step fwd on R [9:00]
- 6-8 6) Step fwd on L; 7) Turning $\frac{1}{4}$ to left, step back on R; 8) Turning $\frac{1}{4}$ to left, step L to left side **[3:00]**
- a-1&2 a) Make a $\frac{1}{4}$ turn left; 1&2) Shuffle fwd R-L-R
- 3-4 3) Rock fwd on L; 4) Recover to R
- 5&6 5&6) Shuffle back L-R-L
- 7-8 7) Turning $\frac{1}{4}$ to right, step fwd on R; 8) Turning $\frac{1}{2}$ to right, step back on L **[9:00]**
- 1-2 1-2) Step back R-L (with a funky style)
- 3&4 3) Turning $\frac{1}{2}$ to right, step fwd on R; &) Turning $\frac{1}{2}$ to right, step L next to R; 4) Step fwd on R
- 5-8 5) Step fwd on L, pushing hip to left; 6) Step fwd on R, pushing hip to right; 7) Step fwd on L, pushing hip to left; 8) Turning $\frac{1}{2}$ to right, step fwd on R **[3:00]**

Section B:

- 1-2 1) Step fwd on L; 2) Turning $\frac{1}{2}$ to left, step back on R
- 3&4 3) Turning $\frac{1}{4}$ turn to left, step L to left side; &) Step R next to L: 4) Turning $\frac{1}{4}$ turn to left, step L fwd (1/2 turning shuffle) **[12:00]**
- 5&6& 5) Step R across and in front of L; &) Step back on L; 6) Step R to right side; &) Step L across and in front of R
- 7&8 7) Hold; &) Step back and on a diagonal to right on R, with L slightly off the floor and pointing forward and on a diagonal to left; 8) Hold
- &-1-2 &) Step L to center; 1) Rock fwd and on a diagonal toward 11 O'clock on R; 2) Turning $\frac{1}{4}$ to right, Recover to L **[1:00]**
- 3&4 3) Step R to right side; &) Step L next to R; 4) Turning $\frac{1}{4}$ right, step fwd on R **[5:00]**
- 5-a-6 5) Step fwd on L; a) Make $\frac{3}{4}$ turn right on L foot; 6) Step fwd on R **[1:00]**
- 7&8 7&8) Shuffle fwd L-R-L **[1:00]**
- 1-2 1) Step fwd on R; 2) Pivot $\frac{1}{2}$ turn to left, taking weight on L **[7:00]**
- 3-4 3) Step fwd on R; 4) Turning $\frac{3}{8}$ to right, step back on L to square up to **12 o'clock**
- 5&6 5) Turning $\frac{1}{4}$ turn to right, step R to right side; &) Step L next to R: 6) Turning $\frac{1}{4}$ turn to right, step R fwd (1/2 turning shuffle) **[6:00]**
- 7-8 7) Step fwd on L; 8) Pivot $\frac{1}{2}$ turn to right, taking weight on R **[12:00]**

TAG:

- 1-2 1) Step fwd on L; 2) Turning $\frac{1}{2}$ to left, step back on R;
- 3&4 3) Turning $\frac{1}{4}$ turn to left, step L to left side; &) Step R next to L: 4) Turning $\frac{1}{4}$ turn to left, step L fwd (1/2 turning shuffle) **[12:00]**
- 5&6& 5) Step R across and in front of L; &) Step back on L; 6) Step R to right side; &) Step L across and in front of R
- 7&8-& 7) Hold; &) Point R toe to right side; 8) Hold; &) Step R next to L (continue into Section A)