

Get Trashed

Count: 64

Wall: 2

Level: Intermediate

Choreographer: Robbie McGowan Hickie (UK) (Sep 2008)

Music: "Let's Get Trashed" by Mica Roberts & Toby Keith [160 bpm] CD: Beer For My Horses (Soundtrack)

Intro : 32 Counts.

§1: R Step Fwd. Tap Behind. Step Back. Kick. Full Turn R. Hitch.

12 Step R fwd. Tap L toe behind R heel (bending knees).

34 Step L back. Kick R fwd.

5678 Full turn R (on the spot) stepping R-L-R. Hitch L knee up and Slightly across R. [12:00]

§2: Cross. Diagonal Steps Back (R & L). Cross. Back. Together. Step Fwd. Scoot with Hitch.

1234 Cross L over R. Step R Diagonally back R. Step L Diagonally back L. Cross R over L.

56 Step L back (Straighten up to 12:00). Step R beside L.

78 Step L fwd. Scoot fwd on L – Hitching R knee up.

Note: Body should be Facing L Diagonal on Counts 234 above.

§3: R Side Rock. 5 Count Weave L. Heel Flick with ¼ Turn R.

12 Rock R to R. Recover weight L.

34567 Cross R over L. Step L to L. Cross R behind L. Step L to L. Cross R over L.

8 On ball of R, ¼ R – Flicking L heel back. [3:00]

§4: L Lock Step Fwd. Scuff. Step. Pivot ½ Turn L x 2.

1234 Step L fwd. Lock R behind L. Step L fwd. Scuff R fwd.

5678 Step R fwd. Pivot ½ L. Step R fwd. Pivot ½ L. [3:00]

§5 3 Count Weave L. Kick Out. Behind. Side. Left Cross Shuffle.

1234 Cross R over L. Step L to L. Cross R behind L. Kick L to L.

56 Cross L behind R. Step R to R.

7&8 Cross L over R. Small step R to R. Cross L over R.

§6: Monterey ½ Turn R. R Jazz Box with Cross.

1234 Point R toe to R. ½ R stepping R beside L. Point L toe to L. Step L beside R. [9:00]

5678 Cross R over L. Step L back. Step R to R. Cross L over R.

***** Add the below 4 counts tag here from wall 3 onwards (i.e walls 3, 4, 5,...end of dance).**

Then continue with the remainder of the dance on each wall.

4 Counts Tag (R Jazz Box With A Cross)

1234 Cross R over L. Step L back. Step R to R. Cross L over R.

§7: Dwight Swivels R. Kick. Toe Touch Behind. Kick. Back Rock.

1 Swivel L heel R touching R toe beside L.

2 Swivel L toe R touching R heel diagonally fwd R.

34 Swivel L heel R touching R toe beside L. Kick R Diagonally fwd R.

56 Touch R toe behind L heel. Kick R Diagonally fwd R.

78 Cross rock R behind L. Rock L fwd.

§8: Chasse R. Back Rock. ¼ Turn R. ½ Turn R. Step Fwd. Scuff.

1&2 Step R to R. Close L beside R. Step R to R.

3456 Rock L back. Rock R fwd. ¼ R step L back. ½ R step R fwd. [6:00]

78 Step L fwd. Scuff R fwd. [6:00]

Start Again