

# I Gotta Feeling

Choreographer: Niels Poulsen (Denmark)

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Type of dance: 64 counts. 2 walls  
 Level: Intermediate  
 Music: **I Gotta Feeling** by The Black Eyed Peas. Track length: 4.05 mins (radio edit/single release). Download from [www.amazon.co.uk](http://www.amazon.co.uk) or from [www.play.com](http://www.play.com). Also on the CDs *Now That's what I call music 32 - Now that's what I call music 74 - R&B Collection 2010*.  
 Intro: 32 counts from first beat (app. 14 seconds into track). Start with weight on R foot  
 1 restart: During 6<sup>th</sup> wall, after 32 counts, facing 6:00  
 Ending: Do first 2 counts of section 1. When doing count 3 step big step to L and drag R to L

Counts	Footwork	You face
<b>1 – 8</b>	<b>Full turn box R, L side rock, L cross shuffle</b>	
1 – 2	Step L to L side (1), turn ¼ R stepping R to R side (2) <i>Styling: Turn on stiff legs during counts 1-5</i>	3:00
3 – 4	Turn ¼ R stepping L to L side (3), turn ¼ R stepping R to R side (4)	9:00
5 – 6	Turn ¼ R rocking L to L side (5), recover on R foot (6)	12:00
7&8	Cross L over R (7), step R to R side (&), cross L over R (8)	12:00
<b>9 – 16</b>	<b>Side rock R, recover ¼ L, R shuffle, step ½ R, ¼ R dipping down, up with R leg lift!</b>	
1 – 2	Rock R to R side (1), turn ¼ L as you recover weight to L (2)	9:00
3&4	Step fw on R (3), bring L next to R (&), step fw on R (4)	9:00
5 – 6	Step fw on L (5), turn ½ R stepping onto R (6)	3:00
7 – 8	Turn ¼ R stepping L to L side and bending in L knee (7), straighten L knee lifting R leg up (8)	6:00
<b>17 – 24</b>	<b>Cross, point, cross, point, R cross rock, side rock R dipping down, up</b>	
1 – 2	Cross R over L (1), point L to L side (2)	6:00
3 – 4	Cross L over R (3), point R to R side (4)	6:00
5 – 6	Cross rock R over L (5), recover weight to L foot (6)	6:00
7 – 8	Side rock R to R side dipping down in both knees (7), straighten knees and recover on L (8)	6:00
<b>25 – 32</b>	<b>Sailor R, sailor ½ L, walk R, walk L, out R, out L, in R, touch L</b>	
1&2	Cross R behind L (1), step L to L side (&), step R small step to R side (2)	6:00
3&4	Cross L behind R (3), turn ¼ L stepping onto R (&), turn ¼ L stepping fw on L (4)	12:00
5 – 6	Walk fw on R (5), walk fw on L (6)	12:00
&7&8	Step R out (&), step L out (7), step R to centre (&), touch L next to R (8) * Restart here during wall 6, facing 6:00	12:00
<b>33 – 40</b>	<b>Step ½ R, &amp; jump touch, hold, &amp; jump touch, hold, &amp; rock fw R</b>	
1 - 2	Step fw on L (1), turn ½ R stepping onto R (2)	6:00
&3 – 4	Jump L diagonally fw L (&), touch R next to L (3), Hold (4)	6:00
&5 – 6	Jump R diagonally fw R (&), touch L next to R (5), Hold (6)	6:00
&7 – 8	Step down on L foot (&), rock R foot fw (7), recover weight to L foot (8)	6:00
<b>41 – 48</b>	<b>¼ R chassé, L samba step, R samba step, L jazz box</b>	
1&2	Turn ¼ R stepping R to R side (1), bring L next to R (&), step R to R side (2)	9:00
3&4	Cross L over R (3), rock R to R side (&), recover weight to L (4)	9:00
5&6	Cross R over L (5), rock L to L side (&), recover weight to R (6)	9:00
7 – 8	Cross L over R (7), step back on R (8)	9:00
<b>49 – 56</b>	<b>&amp; point R fw, hold, &amp; point L fw, hold, &amp; point R fw &amp; point L fw &amp; point R fw, hold</b>	
&1 – 2	Step back on L (&), point R foot slightly fw (1), hold (2)	9:00
&3 – 4	Step back on R (&), point L foot slightly fw (3), hold (4)	9:00
&5&6	Step back on L (&), point R foot slightly fw (5), step back on R (&), point L foot slightly fw (6)	9:00
&7 – 8	Step back on L (&), point R foot slightly fw (7), hold (8)	9:00
<b>57 – 64</b>	<b>&amp; cross rock, &amp; cross in front, hold, &amp; behind, side rock L, recover ¼ L, touch</b>	
&1 – 2	Step down on R (&), cross rock L over R (1), recover on R (2)	9:00
&3 – 4	Step L a small step to L side (&), cross R over L (3), hold (4)	9:00
&5 - 6	Step L a small step to L side (&), cross R behind L (5), rock L to L side (6)	6:00
7 – 8	Turn ¼ L as you recover on R (7), touch L next to R (8)	6:00
	<b>Begin again!...</b>	