

My Girl Sally

Choreographed by: Audrey Watson (Scotland)

Choreographed to: Sea Salt Sally by Rock Guard Album: Stop it & Dance

32 Count: 4 Wall: Beginner Dance. 32 Count Intro start on vocals -164 Bpm

Potential floor split with Kate Sala's - Sea Salt Sally

SECTION ONE

FWD TOUCH, BACK TOUCH, BACK TOUCH, FWD TOUCH.

1-2 Step fwd on right, touch left next right.

3-4 Step back on left, touch right next left.

5-6 Step back on right, touch left next right.

7-8 Step fwd on left, touch right next left.

SECTION TWO

ROCK, ROCK, ROCK, HOLD X 2.

1-2 Rock fwd on right, recover back on left.

3-4 Rock fwd on right, hold for a beat.

5-6 Rock fwd on left, recover back on right.

7-8 Rock fwd on left, hold for a beat.

SECTION THREE

SIDE HOLD, CROSS HOLD, SIDE, CLOSE, SIDE, HOLD.

1-2 Step right to right side, hold for a beat.

3-4 Cross left over right, hold for a beat.

5-6 Step right to right side, close left next right.

7-8 Step right to right side, hold for a beat.

SECTION FOUR

CROSS ROCK, 1/4 TURN, HOLD, RUN, RUN, RUN, RUN.

1-2 Cross rock left over right, recover back on right.

3-4 Turn 1/4 left stepping fwd on left, hold for a beat.

5-6 Small running step fwd on right, small running step fwd on left.

7-8 Small running step fwd on right, small running step fwd on left.

START AGAIN & ENJOY