

# Open Arms

Choreographer: Niels B. Poulsen (Denmark)

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May 18, 2007



Type of dance: 24 counts. 4 walls. Rise and fall.

Level: Beg/int.

Music: 'Open Arms' by Collin Raye (Album: 'The Best Of Collin Raye: Direct Hits' from 1984). Buy on: [www.amazon.com](http://www.amazon.com). I prefer Collin Raye's version, but the original 'Open Arms' by the American group **Journey** works just as well.

2 tags: After 3<sup>rd</sup> wall (facing 9:00) and after 9<sup>th</sup> wall (facing 3:00): add 2 twinkles and restart dance (see step details below). If using Journey's version the tags occur at the same walls.

Intro: 24 counts, on vocal.

Counts	Footwork and bodywork	End facing
<b>1 – 6</b>	<b>L twinkle, cross, ½ triple turn R</b>	
1 – 3	Cross L over R, step R diagonally fw R, step L diagonally fw L	
4, 5&6	Cross R over L, turn ¼ R stepping back on L, turn ¼ R stepping small step R to R side, step slightly fw on L	6:00
<b>7 – 12</b>	<b>Rock fw R, step back R, extend L backwards over 3 counts</b>	
1 – 3	Rock fw on R, recover weight to L, step back on R	
4 – 6	Keeping weight on R extend (point) L slowly backwards over 3 counts (Option: stretch your L arm fw slowly to prepare for the ½ turn L)	6:00
<b>13 – 18</b>	<b>½ turn L, sweep R with ½ turn L, R twinkle</b>	
1 – 3	Turn ½ L stepping onto L, turn another ½ turn L on L sweeping R around over 2 counts	6:00
4 – 6	Cross R over L, step L diagonally fw L, step R diagonally fw R	
<b>19 – 24</b>	<b>Step fw L, step ¼ L, cross rock R, step R to R</b>	
1 – 3	Square up to 6 o'clock stepping fw on L, step fw R, turn ¼ L (weight L)	3:00
4 – 6	Cross rock R over L, recover weight to L, step R to R side	
<b>BEGIN AGAIN!</b>		
<b>2 tags:</b>	After wall 3 (facing 9:00) and after wall 9 (facing 3:00) add 2 twinkles	
1 – 3	Cross L over R, step R diagonally fw R, step L diagonally fw L	
4 – 6	Cross R over L, step L diagonally fw L, step R diagonally fw R	