

STAND UP ROUTINE

Choreographed by: Jordan Lloyd

Music: **Tonight by Jay Sean**

Descriptions: 64 count - 4 wall - Intermediate level line dance

[Intro: Start after 32 counts](#)

1-8 Cross, Rock And Cross, Step Back ¼, Step Forward ¼, Step Out, Sailor Step.

1 Cross R over L

2&3 Rock L out to L side, recover on R, cross L over R.

4-5-6 Step back on R making a ¼ turn L, step forward on L making a ¼ turn L, Step out to R with R foot

7&8 Step L behind R, step R to R side, step L to L side

9-16 Step Behind, Step Forward 1/4 , Ball Step, Step Out Out, Heel Splits, Place R

1-2&3 Step R behind L, step forward on R making a ¼ turn L, Step R beside L, step forward L

4-5 Step out R, step out L

6-7 Split R heel to R side, split L heel to L side (Dipping your body slightly as you do this)

8 Step R next to L (Stand back upR)

17-24 Rock, Behind Side Touch & Step, Step Back ¼ , Step Forward ¼, Step side ¼

1-2 Rock L foot out to L, recover weight back onto R

3&4 Step L behind R , step R to R side, touch L forward

&5 Bring L next to R, step forward R

6-8 Step back on L making a ¼ turn R, step forward R making a ¼ turn R, step L to L making ¼ turn R.

25-32 Behind Side Cross, Pop Knees, Step Back, Step Forward ½ Ball Step, Touch Cross

1&2 Step R behind L, step L to L side, cross R slightly over L

&3 Pop both knees up then down (While legs are slightly crossed) Making sure weight is forward on R

4-5 Step back on L, step forward on R making a half turn R

&6-7-8 Step L next to R, step forward on R, Touch L to L , cross L over R

33-40 Step Out Out Split, Ball Cross, ¼ Rock Step, Ball Step Back , Cross Turn1& ¼

1-2 Step R to R, step L to L,

3&4 Split R heel to R, step L next to R, cross R over L

5-6 Rock forward on L making a ¼ turn L, recover back on R

&7-8 Step back on L, cross R over L, turn 1&¼ turn over L

41-48 Step Forward, Hold, Cross Step Back ¼ , Out Out, Pop Both Knees Up, Down , Behind Side Cross

1-2 Step R forward, hold

3-4 Cross L over R, step back on R making a ¼ turn L

&5 &6 Step L to L side, step R to R side, Pop both knees up then down

7&8 Step R behind L , step L to L, cross R over L.

49-56 Sweep Cross, Back Back, Hitch Behind Side Step ¼ , Cross Back side ¼

1-2 Sweep L around, cross L over R

&3-4 Step back on R, step L back next to R, hitch R

5&6 Step R behind L, step forward on L making a ¼ turn, step forward on R

7&8 Cross L over R, step back on R making a ¼ turn L, step L to L.

57-64 Step Behind Touch, Step Behind, Walk Walk, Kick & Touch & Touch

1-2-3 Step R behind L, touch L to L, Step L behind R

4-5 Walk R, L

6&7 Kick R foot forward, bring R next to L, point L to L

&8 Step L next to R, point R to R.

RESTART: on wall 5, dance up to count 32 except on count 32 step L in place instead of crossing over R. Then restart from the beginning. You will be facing the back wall.

Have Fun And Enjoy!!