

Official WCDF competition dance description 2011

Take it to the limit

Choreographed by: Gillian and Joe Armstrong

Type : 48 Count, 2 Walls, Waltz (Rise and Fall)
Level : Intermediate *Start facing 1.30*
Music : *"Take it to the limit" by Suzie Bogguss*

SYNCOPATED WEAVE, CROSS OVER, FULL TURN R, RONDE

1 LF Step forward (1.30)
2 RF 1/8 Turn L, step right (12.00)
& LF Cross behind
3 RF Step right
4 LF 1/8 Turn R, step forward (1.30)
5 LF Full turn R (1.30)
6 RF Rondé from forward to backwards

BACKWARDS, SIDE CHASSE 1/8 TURN L, CHECK, 3/4 TURN L, REVERSE FAN

7 RF Step backwards
8 LF 1/8 Turn L, step left (12.00)
& RF Step together
9 LF 1/8 Turn L, step forward (10.30)
10 RF Step forward
11 RF 1/4 Turn L, keep LF forward (7.30)
12 LF 1/2 Turn L, rondé backwards (1.30)

BACKWARDS WITH RONDE 2X, BACKWARDS 2X, 1/2 HEEL TURN L, 1/4 TURN L 2X

13 LF Step backwards, RF rondé backwards
14 RF Step backwards, LF rondé backwards
15 LF Step backwards
16 RF Step backwards
17 LF Step together, BF 1/2 heel turn L (7.30)
& RF 1/4 turn L, step right (4.30)
18 LF 1/4 Turn L, cross over (1.30)

BACKWARDS, 1/2 PIQUE TURN L 2X, FORWARD, 3/4 RONDE L

19 RF Step backwards
20 LF 1/2 Turn L, step forward, RF passé
21 RF 1/2 turn L, step backwards, LF passé
22 LF 1/2 Turn L, step forward (7.30)
23 Start 3/4 fan turn L
24 Finish 3/4 fan turn L, RF rondé forward (10.30)

FORWARD, 3/8 TURN R AND PASSE, DEVELOPPE, CURVE AND FEATHER

25 RF Step forward
26 LF Step backwards, 3/8 Turn R, RF passé (3.00)
27 RF Fold your leg out
28 RF Step forward (3.00)
29 LF Step forward (3.00)
30 RF 1/4 Turn R, step forward (6.00)

BACKWARDS 4X, 1/4 TURN L, OVER SWAY, RECOVER

31 LF 1/4 Turn R, step backwards (9.00)
32 RF Step backwards
& LF Step backwards
33 RF Step backwards
34 LF 1/4 turn L, step left (6.00)
35 RF Point right, oversway body left
36 Recover oversway, RF touch together

FULL TURNING LOCK STEPS R, 2X

37 RF 1/4 Turn R, step forward (9.00)
38 LF 1/4 Turn R, step left (12.00)
& RF 1/4 Turn R, cross over (3.00)
39 LF Step backwards
40 RF 1/2 Turn R, step forward (9.00)
41 LF 1/4 Turn R, step left (12.00)
& RF 1/4 Turn R, step backwards (3.00)
42 LF Step backwards

1/2 PIVOT TURN R 3X, 3/4 TURN R POINT L, DOWN, UP

43 RF 1/2 Turn R, step forward (9.00)
44 LF 1/2 Turn R, step backwards (3.00)
45 RF 1/2 Turn R, step forward (9.00)
46 RF 3/4 Turn R, LF point left with straight leg (6.00)
47 Bend R knee, LF keep straight leg
48 Straighten R knee, LF keep straightened