

# THOSE APPLEBOTTOM JEANS

By: Joey Warren      Counts: 64  
Song: Low              Walls: 4  
Artist: Flo Rida No Tags or Restarts

## Brush-Out-Out, Back Body Roll, Step-Heel, Arm Swing x2, Step-Point

1&2    Brush R foot forward, Step R foot out, Step L foot out  
3 – 4    Push hips back and roll them up (weight on R)  
&-5-6    Step L foot next to R, Place R heel forward, Swing R arm across R leg  
7&8    Swing R arm back across R leg, Step down on R foot, Point L toe out

## ¼ Turn x2, ¼ Turn L Sailor, Step x4 around ½ Turn

1 – 2    ¼ Turn L stepping L foot forward, ¼ Turn L stepping R foot to R side  
3&4    ¼ Turn L stepping L back, Step R foot beside L, Step L foot forward  
5 – 8    Keeping L foot on ground Step R foot around x4 for ½ Turn (Weight needs to be on the L foot on count 8)

## Kick-&-Touch, ½ Turn w/ Knees, Step forward w/ drag, L Touch w/ Look

1&2    Kick R foot forward, Step R foot beside L, Touch L toe back  
3 – 4    ½ Turn L rolling L knee around, Finish ½ Turn rolling R knee to L (weight R)  
5 – 6    Step L foot forward, Drag/Step R foot next to L  
7 – 8    Touch L toe out to L side swinging head to R side, Step L foot next to R  
*Option on 5-8. You could kick R forward, step R beside L, then drop down on L knee  
Do ½ Turn L on L knee putting R knee down beside L, Get up on the L step forward*

## Roll Out-Out, Cross Step, Roll Out-Out, Cross ¾ Turn L stepping L forward

1 – 2    Roll R knee out as you step R out, Roll L knee out as you step L out  
3 – 4    Cross R foot over L as you roll R knee, Step L foot out to L  
5 – 6    Roll R knee out as you step R out, Roll L knee out as you step L out  
7 – 8    Cross R foot over L starting ¾ turn L, Finish Turn with weight on R

## Out-Out Knee Pop, Weave ¼ Turn L, Big Step w/ Drag, Heel Twists x2

&1&2    Step L foot out, Step R foot out, Pop Knees up, Put weight down on R  
3&4    Step L foot behind R, ¼ Turn R stepping R forward, Step L foot forward  
5 – 6    Take big step forward w/ R, Step L foot beside of R  
&7&8    Come up on toes swivel heels R, center, L, center (weight on R)

## Step back-forward-forward, 1 ¼ Turn R, Out-Out, Upper Body Twist

&-1-2    Step back on L, Step forward on R, Step forward on L  
3 – 4    ½ Turn R putting weight on R, ½ Turn R stepping back on L  
5 – 6    ¼ Turn R stepping out on R, Step out on L  
7 – 8    Twist body to R looking over R shoulder R hand on butt, Return to center

## Jump to Side, Step-Touch-Full Turn, Rock & Cross, Step out w/ Sweep

1 – 2    Jump to R side, Step out to L with L foot  
3 – 4    Touch R foot behind L, Unwind Full Turn to R weight ending on R  
5-&-6    Rock out on L, Recover on R, Step L across R foot  
& - 7    Step out on R foot, Step L foot next to R starting a R sweep behind L

## Sailor Step, Free Style last counts with a ¾ Walk around to the R

8-&-1    Step R foot behind L foot, Step L foot out, Step R foot forward  
2 – 8    This is your time to free style! All you have to do is do it with a ¾ turn to the R ending with your weight on the L so you are ready to start with your R kick.

**When I taught this the first time we just did a ¾ Walk Around for 2 - 8 starting with the L foot, seemed to go over pretty well just with that. If you don't like freestyling!**

- The music during the chorus says to get low repeatedly on this part so play around with that.

BEGIN AGAIN!!!!